









AMTRAK CASCADES NORTHBOUND (READ DOWN)

Destination	Mile	Train #510	Train #500	Thruway Bus	Train #504	Train #506	Train #516	Coast Starlight	Train #508
<u>Eugene - Departs</u>	0		5:30 A		9:00 A		11:35 A	12:44 P	 2:50 P
<u>Albany</u>	44		6:13 A		9:43 A		12:30 P	1:30 P	3:40 P
<u>Salem</u>	72		6:42 A		10:12 A		1:00 P	2:03 P	4:15 P
<u>Oregon City</u>	108		7:24 A		10:54 A				
<u>Portland - Arrives</u>	124		8:05 A		11:35 A		 2:10 P	3:40 P	 5:25 P
<u>Portland - Departs</u>	124		8:30 A			12:15 P	2:50 P	4:20 P	6:15 P
<u>Vancouver, WA</u>	134		8:45 A			12:30 P	3:05 P	4:36 P	6:30 P
<u>Kelso/Longview</u>	173		9:20 A			1:05 P	3:40 P	5:14 P	7:05 P
<u>Centralia</u>	216		10:02 A			1:47 P	4:22 P	5:57 P	7:47 P
<u>Olympia/Lacey</u>	235		10:23 A			2:08 P	4:43 P	6:22 P	8:08 P
<u>Tacoma</u>	271		11:05 A			2:50 P	5:25 P	7:11 P	8:50 P
<u>Tukwila</u>	299		11:33 A			3:18 P	5:53 P		9:17 P
<u>Seattle - Arrives</u>	310		12:00 P			3:45 P	6:20 P	8:45 P	9:45 P
<u>Seattle - Departs</u>	0	7:40 A	 12:20 P	 1:00P		 4:45 P	6:50 P	 9:15 P	
<u>Edmonds</u>	18	8:07 A					7:17 P		
<u>Everett</u>	34	8:31 A	1:05 P				7:42 P		
<u>Stanwood</u>		9:03 A					8:14 P		
<u>Mount Vernon</u>	69	9:21 A	1:50 P				8:27 P		
<u>Bellingham</u>	95	9:52 A	2:20 P				9:00 P		
<u>Vancouver, BC - Arrives</u>	157	11:40 A		5:00 P		8:00 P	10:50 P	 12:20 A	